# **Race Information**

# **WQF World Cup Race**

# Wassersuppe, Germany

14.08.2021

Version: 26.12.2020



#### Distance

750m Swim – 20k Cycle – 4k Kayak – 5k run

# Organizer

- Laufgruppe Wassersuppe
- Hartmut Bölke
- tria.wasu@freenet.de
- www.laufgruppe-wassersuppe.de

### **Race location**

- Bollwerksweg 1, Wassersuppe, Seeblick, Germany
- Lat.: 52.6706 Lon.: 12.3761

# **Categories**

- Solo (Age Groups after WQF Rules)
- Awards for 1st, 2nd, 3rd place of total men/women, relay and each age group men/women

# Registration

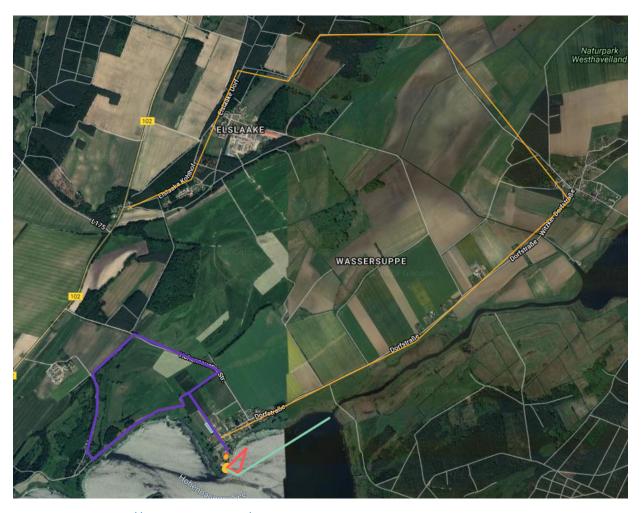
- Solo 40,-€ (after 10.08.20 plus 10,-€, for German athletes with out license plus 10,-€)
- Registration page: Soon as possibile
- Registration via email: tria.wasu@freenet.de
- Starting list: Soon as possibile
- Results after the race: Soon as possibile

### **Timetable**

-	Pick up Race Numbers:	9:00	Bollwerk
-	Check-IN:	12:45	Bollwerk
-	Race Briefing (in English):	13:45	Bollwerk
-	Race Start:	14:00	Bollwerk
-	Check-OUT:	After finish	Bollwerk
-	Ceremony:	17:00	Bollwerk

# Maps

- 750m Swim: 1 round of two boats counterclockwise.
- 20km Bike: 1 round counterclockwise (there and back) on a flat public street, with low traffic. First and last few meters are cobblestones. Rest oft he Pavement ist good asphalt.
- 4km Kayak: 2 rounds counterclockwise (there and back) along the coast. Turning are two boats.
- 5km Run: 1 flat round clockwise. Pavement is gravel, grass, sand, asphalt.



More Details: <a href="https://drive.google.com/open?id=165">https://drive.google.com/open?id=165</a> ytOzHWs26BzpqtarjpJvnci1uJ7n&usp=sharing

#### Refreshment

- At the track (end of transition)
- In the Finish

### **Rules**

- The race is under the rules oft he WQF: <a href="https://www.quadrathlon-online.de/wqf/WQF-Sport-Order.pdf">https://www.quadrathlon-online.de/wqf/WQF-Sport-Order.pdf</a>
- Abstract:
  - No-Drafting at the bike
  - Helm must close at the bike
  - o no crossing of the middle line at the bike
  - o no race-number under the wetsuit
  - o not to throw anything away
  - Life jacket can be obligatory (also short term)
  - o The time measurement chip must be worn on the ankle from the start
  - o During the race the transition zone may only be entered by the athletes
  - Admission to the transition zone only after bike and technology check
  - With the beginning of the check-in it is decided whether to use Neo or not

#### Rental

- Hire of Prijon-Touring kayaks by prior arrangement, no racing boats, price:20 €, Payment on delivery of the boat
- Contact: Hartmut Bölke, <u>info@sport-boelke.de</u>

#### **Others**

- There are also a sprint triathlon (Start 11:00) and a triathlon for kids and beginners (Start 13:00)
- Parking lot is located about 200m from the start start only accessible by foot
- Attention considerateness the way to the parking and starting area crosses the competition route
- Accommodation:
  - o Camping Seeblick, Hohennauen ca. 4k, +04933872 70323, www.friedelcamp.de
  - o Pension "Am Dorfanger", Hohennauen ca. 4k, +04933872 70054, <u>www.pension-amdorfanger-hohennauen.de</u>
  - o Ferienhof Rausch, Semlin ca. 8k, +0493385 507970, www.ferienhof-rausch.de