

Race Information

WQF World Cup Race

Wassersuppe, Germany

14.08.2021



Version: 26.12.2020

Distance

750m Swim – 20k Cycle – 4k Kayak – 5k run

Organizer

- Laufgruppe Wassersuppe
- Hartmut Bölke
- tria.wasu@freenet.de
- www.laufgruppe-wassersuppe.de

Race location

- Bollwerksweg 1, Wassersuppe, Seeblick, Germany
- Lat.: 52.6706 Lon.: 12.3761

Categories

- Solo (Age Groups after WQF Rules)
- Awards for 1st, 2nd, 3rd place of total men/women, relay and each age group men/women

Registration

- Solo 40,-€ (after 10.08.20 plus 10,-€, for German athletes with out license plus 10,-€)
- Registration page: **Soon as possible**
- Registration via email: tria.wasu@freenet.de
- Starting list: **Soon as possible**
- Results after the race: **Soon as possible**

Timetable

- Pick up Race Numbers:	9:00	Bollwerk
- Check-IN:	12:45	Bollwerk
- Race Briefing (in English):	13:45	Bollwerk
- Race Start:	14:00	Bollwerk
- Check-OUT:	After finish	Bollwerk
- Ceremony:	17:00	Bollwerk

Maps

- 750m Swim: 1 round of two boats counterclockwise.
- 20km Bike: 1 round counterclockwise (there and back) on a flat public street, with low traffic. First and last few meters are cobblestones. Rest of the Pavement is good asphalt.
- 4km Kayak: 2 rounds counterclockwise (there and back) along the coast. Turning are two boats.
- 5km Run: 1 flat round clockwise. Pavement is gravel, grass, sand, asphalt.



More Details: https://drive.google.com/open?id=16S_ytOzHWS26BzpqtarjpJvnci1uJ7n&usp=sharing

Refreshment

- At the track (end of transition)
- In the Finish

Rules

- The race is under the rules of the WQF: <https://www.quadrathlon-online.de/wqf/WQF-Sport-Order.pdf>
- Abstract:
 - o No-Drafting at the bike
 - o Helm must close at the bike
 - o no crossing of the middle line at the bike
 - o no race-number under the wetsuit
 - o not to throw anything away
 - o Life jacket can be obligatory (also short term)
 - o The time measurement chip must be worn on the ankle from the start
 - o During the race the transition zone may only be entered by the athletes
 - o Admission to the transition zone only after bike and technology check
 - o With the beginning of the check-in it is decided whether to use Neo or not

Rental

- Hire of Prijon-Touring kayaks by prior arrangement, no racing boats, price:20 €, Payment on delivery of the boat
- Contact: Hartmut Bölke, info@sport-boelke.de

Others

- There are also a sprint triathlon (Start 11:00) and a triathlon for kids and beginners (Start 13:00)
- Parking lot is located about 200m from the start - start only accessible by foot
- Attention - consideration - the way to the parking and starting area crosses the competition route
- Accommodation:
 - o Camping Seeblick, Hohennauen ca. 4k, +04933872 70323, www.friedelcamp.de
 - o Pension „Am Dorfanger“, Hohennauen ca. 4k, +04933872 70054, www.pension-am-dorfanger-hohennauen.de
 - o Ferienhof Rausch, Semlin ca. 8k, +0493385 507970, www.ferienhof-rausch.de